

## ARTICHOKE - HARRIET WINOGRAD

I have been making art my whole life. Professionally, I have been a dress designer, basket maker, painter, art teacher, art historian, and, presently, an art therapist and working, exhibiting artist. I use art to work through my own life. My hope is that this personal part is universal as well. As a multi-media artist often using found objects in a 3-dimensional format, I do not produce "over the couch" art. Instead, I make "on the couch" art like lying on the couch in therapy expressing inner feelings.